



Be the CHANGE

Be the **Change**

You wish to see in the **World**



BRAHMA KUMARIS
Angel Home, Thailand

Hearty Welcome
to



Angel Home

'Be the CHANGE.'

Welcome to the land of peace and happiness at Nordika Hill, where the National Co-ordinating Office of the Brahma Kumaris Thailand is nestled in Korat, Khao Yai. The Brahma Kumaris World Spiritual University was graciously offered this beautiful corner of the world, free of charge, for the spiritual upliftment of humanity.

You are warmly invited to help create a beautiful world through silence—building a culture of peace with people from all walks of life, united under one simple call: 'Silence is calling.'

The words of wisdom from Dadi Janki, former Administrative Head of the Brahma Kumaris (who served tirelessly until the age of 104 in 2023), echo in the screen of my mind... reminding us of the subtle difference between Peace and Silence. Peace is something we long for within. Silence is when we leave the noise of the world outside and journey inward. And in that inner space, we rediscover the peace that once felt lost.

Since Silence is Yoga, experiencing a silent mind through the ancient wisdom of Raja Yoga becomes a doorway to deep, genuine transformative—change that begins from within. From this inner awakening, we can explore the true essence of life: Peace and Happiness, crossing the bridge of love. As it is beautifully said: Peace is to be. Love is to do. Happiness is a reward.

As a companion in this journey of inner change, I share a few reflections from sincere spiritual travellers:

Silence — our core energy that moves us through time and space, from 'SILENCE' in the book *Remembrance: A Journal Back to the Essence* (Antony Strano).

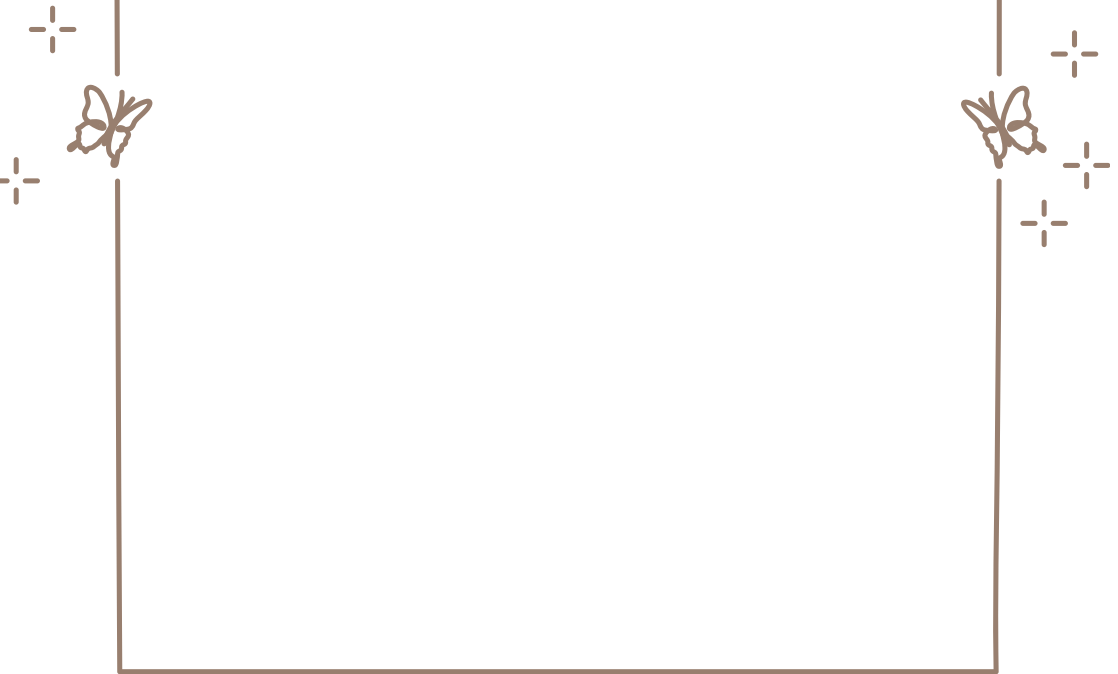
Change — meant for those seekers of Truth who no longer wish to live in denial or hide issues under the carpet, but who feel a sincere urge to look within and consciously choose to transform. Embrace Change! (Aruna Ladva).

Power of Transformation — inspired by a Murli excerpt from the original Godly teachings, which guided our meditation during the 2025 monthly Global Bhatti, known as Collective Intense World Meditation.

May you enjoy the gentle, powerful process of change, transformation, and metamorphosis...

In Godly love and remembrance,
BK Sr. La, National Co-ordinator, Thailand

What is a vision for a better self,
better relationships and a better world?



SILENCE

In the beginning
there was Silence:
sacred, serene and secure.

Deep in the heart of silence
is the Point of stillness,
Seed of immortal light,
Turning point for creation.

From this Point
flows a transformative silence,
which reconnects and reconciles all things
into a state of peace and love.

The Point turns
chaos into harmony,
selfishness into respect,
ignorance into awareness.

As we step into the eternal stillness
we can hear the pulse of silence,
absorbed in the soundless light,
we are connected
to the Heart of One.

From The Silence,
from the Original Home
The Benevolent Current
flows again;
The Garden is restored.

After every winter,
always the Spring
and the Circle of Life
measured by the hands of Time,
repeats in patterns :
Heaven and Hell,
The Call, the Coming,
the Metamorphosis,
The Angel,
Adam, Eve, the Garden,
The Circle keeps turning
through Eternity.





Heart of a Butterfly - The caterpillar has the heart of a butterfly. It is true that if we know within our hearts. What we want to become then we will become that. When we change the world changes.

Change can be effected through positive thoughts, positive attitude to live life fully.

For the soul to progress in spiritual terms, it needs spiritual power for a deep change and its permanent achievement.

We must learn to use our own **soul energy**, together with the **divine energy** of God. With this double strength we all able to change old negative pattern completely.

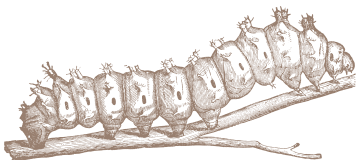
Metamorphosis is the process of absolute and complete transformation - so that the human being is no longer recognised to be human. It is understood to be a superhuman leap in consciousness.

The deeper one moves into the self, **the higher** the leap.

To understand the process of metamorphosis, we can look at the example of the ugly, heavy, earth-bound caterpillar, with its many legs, crawling everywhere, constantly eating. In time, it spins its home and in that cocoon silently hides itself away from the eyes of the world as Nature does her incognito work.

In silence metamorphosis takes place. Then one day a totally new creature emerges from the cocoon. A Butterfly, no longer earth-bound, its legs have disappeared. Now, wings brightly pointed, it sails through the sky, stopping from time to time to sip nectar from the flowers. The wonder of this metamorphosis is a miracle.

Similarly, a human being deeply touched by God's love makes the journey deep into **introspective silence**. In that silence the soul remembers God and, in that remembrance, weaves the cocoon of human metamorphosis. The One who is pure Truth nourishes the human soul with love, as it transforms.





GLOBAL BHATTI
POWER OF TRANSFORMATION

**THROUGH THE
COMBINED FORM**

MURLIS EXCERPTS

as inspirations for meditations

Promoting transformation through the combined form

The awareness of the combined form brings you power. While facing the various obstacles of Maya, (...) you will automatically experience yourself to be an authority. (...) a master almighty authority, because of (...) the Almighty Authority being with you. Therefore, when you stabilise in the combined form, you become victorious over Maya (...). When the combined form is in your awareness, the memorial, the fully adorned form, will remain in your consciousness. The adorned form is the sign of being victorious over Maya. Those who are adorned experience themselves to be constantly powerful. AM 30/04/77

Becoming egoless to stay in our original stage

Whether you become a subtle angel or incorporeal; the main basis to make this constantly your natural nature, is to become egoless. (...) When you become egoless, you will not wish to come down from the subtle and incorporeal stages. (...) Your *original stage* is incorporeal. AM 26/03/93

Avyakt feelings in the gathering

Within the gathering, the language you use with all Brahmin children should be of avyakt feelings; as though angels are speaking to angels, souls to souls. (...) Only when you have such a stage will you be able to put the pure desires of the Father into a practical form. AM 09/12/75

GLOBAL BHATTI POWER OF TRANSFORMATION



TRANSFORMING LOKIK INTO ALOKIK

MURLIS EXCERPTS

as inspirations for meditations

Transforming lokik into alokik

To have an alokik attitude means to interact with everyone with good wishes and benevolent feelings. (...) You should change your lokik attitude into an alokik attitude. (...) Become an embodiment of experience of all relationships with the Father and there won't be any pull to lokik relationships. So, now, transform yourselves and become world transformers. AM 05/06/77

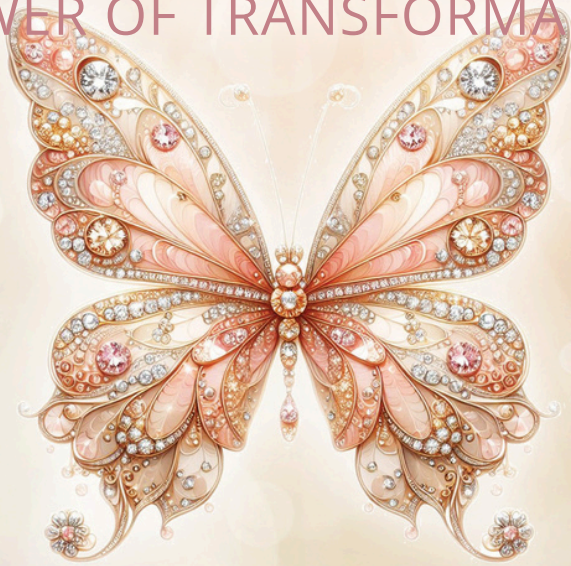
Be in the combined form of brahmin and angel for worldly service

"I, the brahmin, who am an angel" is the brahmin form and the final karmateet angelic form. The experience of this *combined* form will make you into an image that grants this world visions. By having the awareness of being a brahmin and an angel as you walk and move around and as you play your part in the corporeal world through your physical body, you will experience yourself to be a companion of Father Brahma, an angel of the subtle region, who has come to the corporeal world into a body for world service. AM 28/10/2018

Do service as an angel

According to the present time and your effort, your aim is to become an angel. (...) Be *double light* in your nature and sanskars in order to finish any thoughts within a *second*. (...) So now, in service, let there be the *addition* of the concern for becoming angelic. (...) Through the love in your behaviour and the hospitality you offer, through your relationships and family, they depart with an experience, but now specially pay *attention* to giving the feeling of supersensuous joy and spiritual intoxication of peace through the atmosphere and *vibrations*. AM 15-12-2018

GLOBAL BHATTI
POWER OF TRANSFORMATION



THE POWER OF TRANSFORMATION
THROUGH FAITH



THE BRAHMA KUMARIS

MURLIS EXCERPTS

as inspirations for meditations

Faith: The foundation of brahmin life

You should have the faith: Wah Baba! Wah drama! Wah "I, the self", and wah the family! Everyone has faith in the Father, and the sign of that is that you have all recognised the Father (...) There has to be faith in the self. As well as that, there has to be faith in the drama and faith in the family. To be firm in these four types of faith means to have faith in the intellect and to be victorious on that basis. AM 15/12/2009

The proof is victory

In having faith in the Father, all of you say: My Baba and I belong to the Father. (...) You have claimed a constant right from the Father and claimed a right to all the treasures. (...) When you have faith in the self, you then have faith in the intellect in every action, that is, you have self-respect and are victorious. (...) The third thing is faith in the drama. (...) You have the faith that you were an embodiment of solution in the previous cycle and you are going to become that. (...) You also have to move along in such a big family understanding one another's sanskars. It is one family, one Father, one kingdom and so we have to move along united. AM 15/12/2009

Balance of being world transformer and detached observer

The form of the final paper will be many times more fearsome. (...) You need the power of transformation for this. (...) However, the practical part of being an embodiment of power, the part of the revelation of the incarnation of the Shaktis and the part of revealing the Almighty Authority Father through yourselves is to take place in such circumstances. (...) Bring about transformation in one second, because the entire play is based on just one second. (...) You would also have the stage of being world benefactors and feel mercy. (...) There has to be the balance of the two. There should be the stage of being a detached observer as well as world transformer. AM 13/09/75

GLOBAL BHATTI
SOVEREIGN



CONQUEROR
OF MATTER



THE BRAHMA KUMARIS

MURLIS EXCERPTS

as inspirations for meditations

Transform Nature with pure thoughts

You children have such a great power of purity that with your pure thoughts, that is, your pure attitude, you can transform nature. The practical proof of the power of purity in your thoughts is the transformation of nature. So, with self-transformation, you are able to transform nature and people. The easy way to protect yourself from impure human souls, from the impure atmosphere and *vibrations* of impure elements is the Godly code of conduct.

AM 10/12/84

Remain beyond upheavals being in angelic form

You children are becoming conquerors of Maya, but you also have to become conquerors of nature because there will now be a lot of upheaval of nature. Sometimes, water of the oceans will show its influence and sometimes, the earth will show its influence. If you are conquerors of nature, no type of upheaval of nature will make you shake. You will constantly observe all games as a detached observer. To the extent that you remain in your angelic form, that is, in your elevated *stage*, accordingly you will automatically remain beyond all upheavals. AM 10/12/84

Conqueror of matter


Every element of matter is the basis of temporary happiness for human souls in their lives. So, all of these elements will test you. (...) This is why you have to become free from being attracted by any possessions of your body and remain free from any support of your body. AM 25/10/87

Think Green, Think Clean
at New Green to promote
'Change Maker Hub' during
Asian Green Angel Retreat
in Thailand
19-22 December, 2025



Sawastika
Symbol of
auspiciousness,
good luck and
well-being, used as
'Sawasdee'
in Thai greetings.

Brahma Kumaris, Thailand (Network, Brahma Kumaris World Spiritual University)

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