

Madhuban Newsletter – June 2024

Become karma yogis who have the method of remembrance and the increase of wealth. (Dadiji – 22/5/2024)

Supremely Beloved Avyakt Image, Mother, Father BapDada's deeply loving instrument teachers, and all the decoration of the Brahmin clan in this land and abroad who have created a Raja yogi life for themselves, whose every action is yogyukt, yuktiyukt and shaktiyukt, ones who are karma yogis and easy Raja yogis, the jewels of Baba's eyes, please accept sweet love and remembrance filled with God's love.

At present, hearing and seeing all the news of the alokik service happening in Baba's unlimited home, you all must be experiencing great bliss. See how Baba attracts so many children to His unlimited home and is giving them the experience of the spiritual powers. In all the places of Madhuban, yoga camps and yoga bhatthis as well programmes for different Wings are taking place. According to the present time, sweet Baba's special signal is: Children, now transform your physical actions into the karma yogi stage. You are not just those who perform ordinary actions, you are karma yogis. For this, remember the mantra of always being an instrument for namesake and having the awareness of karanhar. Do not forget Karavanhar (the One who is inspiring). By doing this, you will constantly continue to be constructive. While carrying out any task, have the awareness: This task is for Godly service. Then, you will constantly be light and, by happily performing actions, you will become karma yogis and easy yogis. Tell me, sweetest brothers and sisters, you are experiencing all of this, are you not? While performing actions, you also remember your religion, that is, the dharna in your life, do you not?

At present, in the sakar murlis, BapDada is especially signalling us children: Children, constantly continue to practise soul consciousness and the bodiless stage. In this highest destination of knowledge, in all the many ups and downs, holding onto Baba's company and His hand, you will constantly see your destination in front of you. Since you have the aim that you definitely have to reach your destination, then even if the biggest situation comes to oppose you, you say, "we must not stop in that." Simply consider that to be a side-scene and overcome it. Baba says: Children, always pay attention: Now, there must not be any attack of waste thoughts. For this, be introverted, and in solitude continue to do tapasya. In order to be a constant yogi and a constant server, remember three things. 1) We are under the canopy of BapDada's protection. Baba's hand of blessings is on our heads. Therefore, we cannot be defeated by Maya in any way. This canopy of remembrance is the biggest means of safety. 2) I, the soul, am combined with the Almighty Authority Father. Sometimes, experience being combined with the Father in the incorporeal form, sometimes, become combined with BapDada in the subtle form, and you will constantly continue to experience His help. 3) Karavanhar is inspiring me to do. I, the soul, as karanhar (one who does) is performing that karma. While carrying out any elevated task, always have the awareness that sweet Baba enabled you to do everything, and never have the feeling of doing it yourself. The One who is inspiring is making you do it. The One who is making everyone move is making you move. This awareness will make you an instrument and also make you humble.

Tell me, now, according to the time, with this elevated awareness, creating the best stage of all, you are all flying in the flying stage, are you not? Achcha. Hoping that the health of all of you is fine. With lots of remembrance to all.

In Godly service,

B.K. Ratanmohini

Avyakt Signals – June2024

Be a karma yogi.

1. A karma yogi means that your every action is yogyukt, yukti-yukt and shakti-yukt. You are not those who have yoga while just sitting down. You have a yogi life, that is, you are yogyukt. A karma yogi is not attracted towards any karma, but with his power of yoga, he enables actions to be performed with the physical organs. Those who move along while being influenced by karma cannot be called karma yogis.

2. In the suffering of karma, a karma yogi cannot be influenced by good or bad karma. The name “karma yogi” proves that you are a yogi, that is, you are one who performs actions while being stable in the incorporeal, soul conscious form. Just as you cannot stay without performing actions for even one second, in the same way, you cannot stay without remembrance, that is, yoga, for even one second, and this is why, together with karma, there is the name of a yogi with it.
3. Just as actions continue naturally, and the physical organs have the natural practice, in the same way, the intellect also has to have the natural practice. These physical organs have their own original and eternal tasks to perform. You don’t have to make any effort to move your hands or your feet. In the same way, in this Brahmin life, that is, in the confluence-aged life, the real work of the intellect or the work of your life is to remember the Father. The original (real) work of your life is natural and easy. So, experience yourself to be an easy karma yogi.
4. When the method of yoga and the increase of wealth both go together, then you would be said to be a karma yogi. Do not let go of the method in increasing your wealth. Transform physical, lokik actions into the stage of a karma yogi. Do not be those who simply perform actions, but be karma yogis. In Godly service, always remember the mantra of being an instrument along with the thought of the awareness of being the doer (karanhar), do not forget Karavanhar (the One who is inspiring you). This is the karma yogi stage. With this awareness, you will constantly continue to be constructive.
5. Karma means relationship (interaction), yoga means ‘in the name of God’. ‘In the name of God’ means doing the service of the Supreme Father. So, let the interaction and doing something in the name of God both be together. This is known as being a karma yogi who is following shrimat. I am not a soul who just interacts, but one who interacts with others and also does everything in the name of God, that is, whatever I am doing, I am doing for God’s service. With this awareness, with the one body, at one time, I will be earning a double income with the mind and wealth.
6. When you see instrument souls performing actions, you see them being so light and performing actions with great happiness. By seeing them, you are greatly inspired to become karma yogis. In order to become a karma yogi, always keep your high stage and your real place in your awareness and come down simply to perform actions. Then, no matter how many tasks you perform, you will remain a karma yogi.
7. Now, be an easy and a constant karma yogi, that is, be an easy yogi who constantly stays in the samadhi (contemplation). Those who always remain karma yogis are virtuous. You cannot separate dharma (religion) and karma (action). While performing any action, let your religion, that is, your dharna, be complete. When you are very busy in your actions, then let your dharna also be just as much. Let the two sides of the scale be equal, then you will be said to be elevated and one with a divine intellect, a karma yogi soul.
8. Artistes in a circus display their talents through their every action. They shown their skills through their every action. Their every action is an art. In the same way, you elevated souls, karma yogis, constant yogis, easy yogis, Raja yogis, perform every action with the art of being detached and loving. All the souls of the world will come to you with the desire to see the art of your alokik actions.
9. All of you have received a pure household (activity) from the Father. The activity of the intellect is to have pure thoughts, the action of your words is to relate what you have heard from the Father. The activity of karma is to perform every action as a karma yogi, to be detached and loving like a lotus and to reveal the Father’s elevated task through your every action, to perform every action as a divine activity. Do not be very clever, but have a character, that is a divine character, and only then will you be called a karma yogi.
10. Yoga means attention to remembrance. Just as you cannot stop performing actions, in the same way, do not let go of remembrance. This is known as being a karma yogi. A karma yogi means that every soul has a vision of the love and relationship you have with the Father in your every action. From limited (ordinary) souls, from their face and their behaviour, it can be seen that they are merged in someone’s love. In the same way, let your every action give the experience of being loving to the Father, and then you will be said to be a karma yogi.
11. Every thought of a karma yogi or an easy Raja yogi would be one that spreads the vibrations of the Father’s love. Just as the non-living images even today do the work of giving souls the vibrations of temporary happiness and peace, in the same way, you souls in the living form have to do the work of spreading the vibrations of peace, happiness and Father’s love in the world through your thoughts, words and actions. This is the karma yogi stage.

12. Just as the instruments of science are able to create an atmosphere of heat or cold, in the same way, you master almighty authority souls with your silence, that is, with your power of remembrance and with the stage of your deep love, can spread whatever vibrations or atmosphere you want. For this, practise stabilising in your original religion and creating an atmosphere of happiness, peace and power. Let any soul who comes into that atmosphere experience that they can attain a lot of happiness, peace and power here.
13. On the basis of your attainments and your remembrance, for you souls to be experienced and give other souls that experience – this is the true definition of easy Raja yoga and karma yoga. To experience peace and power in yourself is not a big deal, but when you create an atmosphere and spread those vibrations in the world with the power of your remembrance, that is called being a number one easy Raja yogi and a karma yogi.
14. While performing actions, repeatedly pay attention to being engaged in the Father's remembrance and service. Always remember that you have to do the service of reminding others of remembering the Father through your every physical organ. Through your every thought, bring world benefit, that is, carry out the task of being a lighthouse. With the powerful attitude at every second, spread powerful vibrations everywhere. Through your every action, give every soul the blessing of being a karma yogi. At every second, accumulate an income of multimillions for the self. Use all four – your thoughts, time, attitude and actions – for service. This is having a karma yogi stage.
15. Every action of a karma yogi is like a divine activity, worthy to be remembered and praised. The praise of every action is worthy to be sung. Just as devotees sing in their praise that their way of seeing is alokik, their way of moving is alokik, the praise for every physical organ is limitless and alokik, similarly every action is great, that is, it is worthy of praise. By performing every action while being trikaldarshi, none of your actions will be sinful, they will always be pure actions.
16. Because a karma yogi soul will always be a detached observer in every action, he will not have any karmic bondage through any actions. Because the fruit of action is elevated, they come into relationship of karma, not into bondage. While performing actions, they always experience themselves to be detached and loving to the Father. Such detached and loving souls, even today, are an example in front of many souls, that is, they become an example and, seeing them, many other souls automatically become karma yogis.
17. Just as you have the easy practice of coming and going physically, in the same way, let the soul also have the practice of staying in the karmateet stage. Be a karma yogi one moment and come into action, and, as soon as the action is complete, go into your karmateet stage. Be a karma yogi just for namesake in order to perform actions, and then become karmateet. For this, consider yourself to be a trustee and stay double-light. Just as it has become natural to come into action, in the same way, let it be natural to be karmateet.
18. The easy method to go fast even when you come last is to always be a karma yogi. Perform actions and also stay in remembrance. Do not become so busy in actions that you even forget your original form. Stay in your soul conscious stage, take the support of the body, perform actions with the physical organs, and, as soon as the action is complete, become detached. This stage of a karma yogi will easily make you karmateet. Come into action when you want and become detached when you want.
19. Just as soul and body perform actions while being combined, in the same way, let karma and yoga be combined. While performing actions, do not forget to have remembrance and, while staying in remembrance, do not forget to perform actions. Your title is a karma yogi. Those who stay in remembrance while performing actions always remain detached and loving. They will remain light and will not experience a burden in any action. A karma yogi, in other words, is called a lotus flower. It cannot be touched by any rubbish, that is, by any vibrations of Maya.
20. While staying in the world of angels, come into this physical world to perform actions. As soon as you have performed your actions, be a karma yogi and then become an angel. Continue to practise this. Always have the awareness: "I am an avyakt angel who stays in the world of angels, I am not a resident of the earth, but a resident of up above." An angel means one who stays beyond the world of vices, that is, beyond vicious vision and attitude.
21. Just as the Father is detached and enters someone to perform His task. In the same way, angelic souls also do not come because of karmic accounts, but enter a body due to the bondage of service and perform actions and become detached when they want. This Brahmin life is not a life of karmic bondage, it is a karma yogi life. So, perform actions as a master, and, as soon as your karma is finished, then become an angel.

22. Now, perform every action with happiness while dancing. When dancing physically, your whole body is exercised. You dance using different poses. In the same way, in the dance of happiness, have the poses of different actions. Sometimes, perform actions with your hands, sometimes with your feet... so this is not doing work, but you are having different poses of the dance. So, to be a karma yogi means to dance with happiness in different ways.
23. You have to be a karma yogi and play your part of performing actions, but when you have time, go to the subtle region or the incorporeal world. When you have time from your work, you go home. When your office work is finished, you go home. In the same way, have the awareness that your home of Paramdham is just in front of you. One moment you are here and the next moment, you are there. You come away from the room of the physical world and go to the room of the incorporeal world.
24. While performing any task, stay merged in love in the Father's remembrance. A karma yogi means being one who performs actions while staying in remembrance, such a soul always remains free from the bondage of karma. They have the experience that they are not performing actions, but just playing a game. They do not experience any type of burden or tiredness. A karma yogi means one who performs actions as a game while being detached. He performs actions with his physical organs and, because of being merged in the Father's love, he becomes free from the bondage of karma.
25. A karma yogi is never influenced by a person's good or bad actions. It isn't that, when he comes in connection with someone who performs good actions, he will be happy and, when he comes in connection with someone who doesn't perform good actions, he would become angry or have feeling of jealousy or dislike. This is also a bondage of karma. No matter what type of person comes in front of a karma yogi, he would always be detached and loving. He would know through knowledge that that is his part that is being enacted. Therefore, consider a good person to be good, and see him as a detached observer, and see a bad person by being merciful with a vision of mercy, as a detached observer, with the good wishes to transform that one, and then you will be said to be a karma yogi who is detached from the bondage of karma.
26. A Brahmin soul means one who reveals BapDada through every action. Be a spiritual artist who with the pen of action draws the image or the form of the Father on the heart and intellect of each soul. Now, Father Brahma has this one desire of you children, that each child through the mirror of his actions grants a vision of the Father, that is, you follow the Father at every step, be an avyakt angel, the same as the Father and play the part of a karma yogi.
27. You always have the Father merged in your heart and this is why you are moving along well with fast effort. You are a karma yogi soul, are you not? Karma and yoga are combined, are they not? Always keep balance, and claim blessings from the Father, and always live a blissful life. You are such an elevated soul. The Father always has this one pure desire for all the children: Let this one become a bead of the rosary of victory. For this, do service with the combined form.
28. Even though this is an old body, it is the greatness of this final body that the elevated soul, with this support, has alokik experiences. So, the soul and body are combined. Do not come into the consciousness of the old body, but be a master and make it work, therefore, be soul conscious, be a karma yogi and continue to enable your physical organs to perform actions. Remain free from the awareness of doing, "I am doing this, I did this", this is the consciousness of "I" – performing actions while being detached from this is the karma yogi stage.
29. While playing the part of a karma yogi, check the balance of karma and yoga: Did my actions and remembrance, that is, yoga, both remain powerful? If your actions were powerful and there was less remembrance, then there isn't balance, and, if your remembrance is powerful and your actions are not powerful, then also, there is no balance. So, continue to have balance of karma and remembrance. By staying in this elevated stage throughout the day, you will experience yourself to be coming close to the karmateet stage. Throughout the day, while walking and moving, while eating and drinking, to stay in the karmateet stage or the avyakt, angelic stage is the karma yogi stage.
30. Just as physical illness of the body and the suffering of karma repeatedly pulls you towards itself, when you have pain, it pulls you. Then you say, "What can I do? I am otherwise fine, but there is severe suffering of karma." In this way, there is a particular old sanskar, nature or habit that pulls you towards itself, so that too is the suffering of karma. No suffering of karma will enable you to become a karma yogi. Therefore, repeatedly perform the drill of being bodiless and continue to forget the awareness of the body.

*** O M S H A N T I ***