

**Avyakt Signals - 2021**  
**Homework for a Tapaswi life**

**Experience the double-light angelic stage.**

- 1) The angelic stage is a double-light stage and in it there is no burden of any task. For this, while performing actions, every now and again, exercise the mind with the incorporeal and the angelic stages. You saw Father Brahma in the sakar form, he was double light and for him there was no burden of service. Follow the father in the same way and you will easily become equal to the Father.
- 2) You saw Father Brahma as a walking and moving angel, and experienced him to be beyond body consciousness. While performing actions and talking to others or giving directions, while increasing zeal and enthusiasm, he remained beyond the body and gave the experience of the subtle form of light. Follow the father in the same way. Constantly remain beyond the consciousness of the body. Let each one see your detached form. This is known as being angelic while in the body.
- 3) In every situation, experience detachment in your attitude, vision and actions. This one is speaking, but it feels unique and lovely: lovely in a soul-conscious way. Along with the number one soul of Brahma, all of you also have to become angels and return to Paramdham. So, pay attention to the concentration of the mind. Keep your mind under your control.
- 4) An angel flies, an angel doesn't walk. All of you continue to fly in the flying stage, for this, become double light. Whatever type of burden you have on your mind or intellect, give it to the Father.
- 5) Now, keep this aim of your intense effort: I am a double light angel. While walking and moving around, increase the experience of the angelic form. Practise being bodiless. In order to finish any thoughts, sanskars or nature in a second, remain double light.
- 6) The light of those who remain double light can never remain hidden. Even the light of a small torch or a matchstick cannot remain hidden, no matter where it is. So, this is spiritual light and so let everyone experience it.
- 7) In order to experience the angelic stage, remain free from any type of wasteful or negative thought, word or deed. The burden of anything wasteful or negative doesn't allow you to become a double light angel. So Father Brahma is asking: Have you become a constantly light angel, free from this burden?
- 8) In order to experience the angelic stage while coming into sound and discussing something in any type of atmosphere have a thought and then go beyond sound and stabilise yourself in the stage of a detached angel. Be a karma yogi one moment and be an angel the next moment, that is, be in the avyakt stage beyond sound. This practice will enable you to be victorious in the last paper.
- 9) First of all, finish attachment to your body and then attachment to relatives and possessions will automatically finish. So, in order to become an angel, first of all practise: This body is for service, it is entrusted to me and I am just a trustee. Then see how easy it will be to become an angel.
- 10) "Mine is one Baba" and everything is merged in this one "mine". The power of concentration will easily enable you to experience the avyakt angelic stage. To be able to stabilise your mind where you want, how you want and for however long you want is known as having your mind under your control. With the power of concentration alone, you can automatically experience a constantly angelic form.
- 11) If you have love for Father Brahma, then become angelic like Father Brahma. Always see your angelic form of light in front of you as to what you have to become and see your future form. You are about to leave this one and adopt that one. When you experience this, then understand that you are close to perfection.

- 12) An angel means one who has all relationships with the one Father. Belong to the one Father and none other. Those who have all relationships with the one Father will experience all other relationships to be just for name sake. They will continue to dance with happiness.
- 13) Just as in a physical way you change from one dress into another, in the same way, leave the awareness of the corporeal form and stabilise in your angelic form. Put on the angelic dress in a second. You need this practice over a long period of time, for only then will you be able to pass in the final period.
- 14) In order to become an angel, check that you are becoming free from all bondages from all sides. If you are not becoming free it means that you are not close to your angelic life. Your destination is to fulfil all relationships with the One. Always keep your final angelic form in your awareness and then, as is your awareness, so will be your stage.
- 15) Now, let the good wishes in your heart reach other souls. Reveal the power of silence. Each and every Brahmin child has this power of silence. Simply emerge this power with your mind and body. Concentrate the thoughts in your mind in one second and you will be able to spread the vibrations of the power of silence in the atmosphere through your angelic form.

### **Become double light**

- 16) By being double light, that is, by being stable in the soul-conscious form, you automatically experience lightness. Those who are double light in this way are called angels. Double light means those who always experience the flying stage.
- 17) While having double responsibility, remain double light. By being double light, your lokik responsibilities will never tire you because you are a trustee. How can a trustee get tired? If you think it is your household and your family, then there will be a burden. If it is not yours, then how can it be a burden? Completely detached and loving, child and master.
- 18) Hand over all your responsibilities to the Father, that is, give your burdens to the Father and you will become light. Surrender yourself with your intellect. If you surrender yourself with your intellect, nothing else will enter your intellect. Simply: everything belongs to the Father, everything is in the Father, and so nothing else remains.
- 19) Double light means you do not have a burden of your nature and sanskars, not even the burden of waste thoughts. This is known as being light. To the extent that you remain light, accordingly you will experience the flying stage. If you have to work hard even slightly in having yoga, then definitely there is a burden. So, take support of “Baba, Baba!” and continue to fly.
- 20) Always remember the aim: We have to become equal to the Father, and so just as the Father is light, we have to be double light. When you look at others, you become weak, so see Father and follow the Father. The elevated method for the flying stage is “Everything is Yours.” Change the word “mine” into “Yours”. When I am “Yours”, the soul is light, and when everything is “Yours”, you become light.
- 21) In the beginning you used to practise walking in such a way, that because of your stage, others would think that a light is passing by. They would not see the body. With this practice you passed in every type of paper. Now that very bad times are coming, increase the practice of staying double light. Let others always see your form of light – this is your safety. As soon as they enter, let them see a fortress of light.
- 22) Huge machines operate with a light (electricity) connection. All of you also, while performing actions, on the basis of your *connections*, become double light and continue to move one. When you have a double light stage, the words “hard word” and “difficult” finish. Finish the consciousness of the self and

let there be a feeling of being a trustee and the feeling to do Godly service, and you will become double light.

- 23) When anyone comes in connection with you, let them experience you to be spiritual and alokik. Let them only see your angelic form. Angels always reside up above. When you show the picture of angels, you would show them with wings, because they are flying birds.
- 24) Always swinging in the swing of happiness, you will become a destroyer of obstacles for everyone or one who makes the difficult things easy for others when you have determination in your thoughts and are double light in your stage. Nothing is mine, everything belongs to the Father. When you keep carrying a burden, all types of obstacles will come. When nothing is mine, I am free from obstacles.
- 25) Always consider yourself to be double light and continue to serve. The more lightness there is in service, the more easily you will fly and make others fly. To be double light and do service, to stay in remembrance and do service – these are the basis of success.
- 26) It is necessary to fulfil your responsibilities but, however big the responsibility, remain double light accordingly. While fulfilling your responsibilities, remain detached from the burden of responsibility. This is known as being loved by the Father. Do not be afraid, thinking, “What can I do? I have such a big responsibility.” Should I do this or not? This is very difficult. To feel this means you have a burden. Double light means to be beyond this. Let there not be any burden of disturbance through any action of responsibility.
- 27) Those who always have a double light stage will have faith in the intellect and will remain carefree. They will stay in the flying stage. The flying stage means the highest on high stage. The feet of their intellect will not be on the ground. The ground means beyond the consciousness of the body? Those who stay above the ground of body consciousness are always angels.
- 28) Now, become double light and with the plane of the divine intellect, become stable on the highest peak and spread the waves of co-operation of good wishes and elevated feelings of light and might. In this plane, let there be the facility of BapDada’s *refined* and elevated directions. Let there not be the slightest rubbish of your own dictates or the dictates of others.
- 29) Always remain double light with the awareness: I am a point. A point does not have any burden. When you look at the centre of the eye, it is just a point. It is the point that is looking, and if that point is not there, then even though you have eyes, you are unable to see. So, always keep this form in your awareness and experience the flying stage.
- 30) To consider yourself to be an instrument in service and remain double light is also fortune because any type of burden will not allow you to experience constant happiness. The more you experience yourself to be double light, the more your fortune will increase multi-millionfold.
- 31) The Father is Karankaravanhar, the One who is getting everything done is doing it, and I am an instrument, the one who is doing it. With this awareness, finish the consciousness of “doing” and be detached and loving. Surrender all your burdens to the Father and with the awareness of your eternal form, imbibe your original sanskars and nature and experience the double light stage.

**\*\*\* O M S H A N T I \*\*\***