

Symphony of Light



You are invited to a wonderful evening of music and meditation and create a beautiful world with...

the sound of silence,
the light of love and
the color of happiness.

Enjoy this spiritual concert with Ms. Timmy Cruz, a singer-actress-composer-yoga practitioner from the Philippines who will warm your hearts with her soulful songs..

Saturday, 7 March 2015 4:00 – 7:00 pm
Shinawatra Tower 3, SC ASSET Building, Auditorium 9th Fl.
Viphavadi-Rangsit Rd., Chatuchak, Bangkok.



Peace, Love and Happiness
are the essence of life.

Love

is the creative impulse of all life. It is the "connecting energy"

that radiates from your heart into the world. True love never expects nor desires anything for itself.

Happiness

is what emerges from within when we have given selflessly with love. Bliss is the greatest happiness when there is freedom from all illusions and attachments.

Peace

is what we all are at the core of our being. It is the original and eternal state of the soul. It is the quiet, contented stillness within that neither needs nor seeks anything.



Timmy Cruz

has always dreamt to be a singer. Although she was raised to be a banker-lawyer by her parents who are both lawyers,

she knew in her heart what she really wanted to be.

After graduating from the University of San Francisco in California with a degree in banking, she worked for their family bank for five years until she became Vice-President. Then, the call of destiny brought the right people at the right time to glide her into a professional singing career that made her popular in the Philippine Music Industry. She also became a dramatic film and TV actress and starred in 12 hit movies and 10 TV series from 1990 to 2014. A vegetarian since she was a child and a yoga practitioner since 2001, what makes Timmy happy is to live her life lightly and peacefully in sweet love and humility while sharing her God-given talents to the world. These days, she has been promoting her CD of self-composed songs "Circles of Love."

Dance away with Timmy -- the singer
and the song, in the Symphony of Light!

Programme

4:00	Registration, Refreshment
4:45	Candle Lighting for Peace
5:15	Symphony of Light Concert
6:30	Meditation
7.00	Closing

FREE ADMISSION

Voluntary contributions
for the continuing
service of humanity
are welcome



Brahma Kumaris Raja Yoga Foundation

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