

SILVANA DIMECH-CONTI is an award-winning university lecturer (MBA program), lecturing in organizational behaviour and organizational theory. She is also a management consultant with over 30 years' experience in finance/treasury, risk management. Currently she works with senior executives of multinationals in the area of strategy to facilitate deep system change; both from a structural perspective as well as the cultural/people aspects. Silvana has been a student and a teacher of Brahma Kumaris World Spiritual Unversity for 26 years. As a meditator, her passion is to experiment with and apply spiritual concepts in the workplace. She is extensively involved in pro bono work in Australia and overseas. Silvana chairs/sits on not-for-profit Boards and is a past member of the educational board for the Graduate Management Association (Aust.).



## **Brahma Kumaris Raja Yoga Foundation**

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## MANAGING & LEADING IN TURBULENT TIMES

Keeping your head well above water

WEDNESDAY 4 July 2012, 5.00-7.00 pm.

4A Regency Court, Sukhumvit 20, Bangkok

10 years ago life was less speedy, more predictable and we had more 'me' time. Today, life is marked by economic turmoils, increasing natural disasters, an ailing natural environment, social unrests and never enough time despite all the technology. We are living in complex and uncertain times. As a global village, these stresses have crept into the workplace, where managers/leaders are now expected to be superhuman to deal with this fastchanging environment - do more with less, stay ahead, motivate a very diverse workforce and make perfect decisions despite the variables! During such turbulence, the old ways of managing and leading are no longer working. What are the skills, personalities, hearts and minds of a new breed of managers?

This 2-hour workshop explores this new hero lying dormant in each one of us and will focus on HOW to:

- Have authentic power and influence in your sphere of work
- ~ Master time
- Increase your decision-making capability in complex environments
- Change obstacles into opportunities
- Get more cooperation and support from our colleagues despite what is going on at the time

The seminar focuses on simple yet profound concepts and their practical applications. Your life and the life of those in your care will change for the better. It cannot but be!





The Brahma Kumaris World Spiritual University promotes the principles and practice of Raja Yoga Meditation through educational programmes, events, projects and publications. Bringing together people of all religions, ethinc and socio-economic backgrounds, the University encourages the development of the spiritual dimensions in life and with it a sense of well-being, dignity and self-reliance. As a service to the community the University charges no fees for any of its activities, being funded by voluntary contributions. Originally founded in India in 1936. the University is now linked to over 9,000 centres in more than 130 countries. It is known both for its grass roots and its role as a convener of international projects and dialogues working towards a better world.