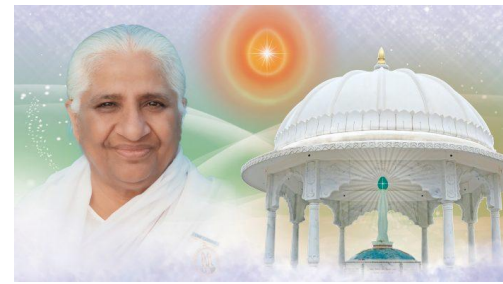




1. Each one, young and old, should realise what your stage will be if you were to leave your body now. That is why all of us have to especially make time for a bhatthi of silence and remain lost in the pilgrimage of remembrance. Each one should have such a bhatthi through which you yourself will remain content and cool, and, on seeing you, others will be inspired.



2. Baba is now signaling to us children, 'Children, may you be bodiless.' With this practice you will become soul conscious. Maintain such silence that anyone who comes in front of you forgets the awareness of their body through your power of silence. For this, you have to make firm the awareness of brotherhood.



3. Now finish the atmosphere of extroversion and pay special attention to being introverted and staying in dead silence. By doing so, all the small and large problems that come in relation to your own personal stage, the gathering, the sacrificial fire or the atmosphere will all finish. For this, give one another vibrations of yoga and love. Create an atmosphere of being lost in the love of Beloved Baba.



4. Love cannot be asked for; love can only be given. Therefore, simply remain lost in the love of One. Remain loving to One and the world will love you. Keep good wishes for all and all will have good wishes for you. When the One respects you, so will the world.



5. The present time is warning us of the final moments. Repeatedly, in a subtle way, these are the vibrations: Till when will this final body last? Till when will this old world last?



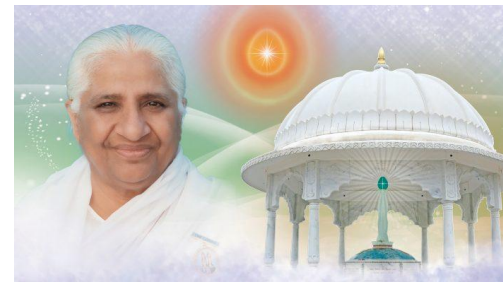
6. At the very last, each one should make a promise that, in every task, I will speak as softly as possible and as little as possible. Our slogan is "speak less, speak softly, speak sweetly, speak after careful consideration and speak the truth."



7. Those who waste their time thinking about others, getting into situations of 'mine' and 'yours' accumulate a huge burden for themselves. The account of that burden will have to be settled in the land of Dharamraj. I say: Baba, when I die, the world is dead for me. Baba, I have surrendered myself to You. For me the world is dead. I do not belong to this world nor is this world mine. We are messengers who give a message to the world. We do not have any other type of bondage with anyone.



8. If you want to create a constant stage, remain lost in the remembrance of One. This One is our Beloved. Everything sweet is merged in the sweetness of this One. Taste the sweetness of all relationships with this One, who will fill you with the sweetness of all powers. Always belong to the one Father and none other. Remember just that One and remain lost in that One and there won't be any attachment. The physical organs will become peaceful.



9. You may not have any other worries or concerns but each one of you must definitely be concerned about your own self-progress. If someone performs even one wrong action or if there are wrong vibrations from someone's attitude, the whole atmosphere gets spoiled. Each action definitely has a reaction. If you do something good, you get a hundredfold return and if you do something bad, you get a hundredfold punishment.



10. Baba has given us children the duty of service and self-progress. He has said: Children, you have unlimited disinterest. You are unlimited renunciates and unlimited tapaswis. You are Raj Rishis and Raj Yogis. Apart from one Baba, you have no one. You are Baba's life and Baba is your life – there is no one else.



11. Baba says: You are the children of God Vyas, the true Sukhdev, the bestowers of happiness. So, our interaction with everyone has to be the kind that makes people truly happy. This requires binding ourselves to silence so that we can become true lighthouses and might-houses. It means to bring to others only our diamond like selves.



12. Now, all of you have to go into the cave of yoga, that is, go underground. While looking after all tasks, definitely commit to having four hours of yoga per day. Increase the stage of soul consciousness. Understand that the anchor of the old world has been raised. Now is the time for going home.



13. Some say that they definitely need entertainment, and when I hear this I am very amazed. What entertainment do we yogis need? Is not Baba entertainment enough? Apart from Baba, what other entertainment could there be for us? Go to Baba's room and enjoy a heart-to-heart conversation. Then have a sweet heart-to-heart conversation among yourselves. Revise the murli and ask questions. Churn the ocean of knowledge – this is a wonderful and most unique form of entertainment!



14. Baba gives us a signal every day, but some think: "Baba has been telling us this for years and destruction hasn't happened yet. We will see about it when it happens. We will make whatever effort we are meant to make within the drama. There is still a lot of time for making effort. We don't have to do hatha yoga, ours is Raja Yoga. We can tour around, eat, drink, dance, watch TV, laugh and entertain ourselves." Is this why we have become BKs? Not at all! Those who continue to move along with these thoughts are creating a huge burden for themselves.



15. Baba has given all of us just the one mantra - to be under one direction (ekmat), to be constant (ekras) and to be economical (economy). So, each one of you should ask yourself, 'Am I under the canopy of the one direction? Is my remembrance and the shrimat of the One in my heart?' Where there is one direction, neither can be duality and conflict, nor diversity and differences. There can't be any jealousy, dislike, ill-feeling for anyone in your mind, no animosity or grudges. There can be no two opinions about anything in your mind. Where there is oneness like this, God is present.